



OCCUPATIONAL THERAPIST OCCUPATIONAL THERAPIST ASSISTANT (COTA) SKILLS CHECKLIST

Applicant Name & Title (Please Print) _____

This self evaluation is for assessing your experience in specific clinical areas. This self evaluation will not be a determining factor in accepting your application to become an employee of Staff One Health Care.

1 = No Experience 2 = Limited Experience 3 = Experienced 4 = Highly Skilled

ADULT	1	2	3	4
Orthopedic:				
Fractures				
Total Joint Replacements				
Osteoarthritis-Frozen Shoulder				
Hand Injuries				
Post Operative Care				
Amputations				
Neurologic:				
Stroke Rehabilitation				
Cognitive Disorders				
Head Trauma				
Spinal Cord Injury				
Neuromuscular Diseases				
Adaptive Equipment-Wheelchair				
Prosthetics / Orthotics:				
Upper Extremity Prosthetics				
Procedures / Treatments:				
Splinting - Wrist				
Splinting - Hand				
Splinting - Elbow				
Functional - Dynamic Splinting				
Adaptive Equipment				
Joint Mobilization				
Myofascial Release				
Soft Tissue Manipulation				
Iontophoresis				
TENS				
Hydrotherapy - Whirlpool				
Sterilization Techniques				
Cryotherapy				
Wound Management				
Debridement				
Ultrasound				
Phonophoresis				
Cognitive Techniques				

Vision Therapy				
Neurodevelopmental Techniques				
Adaptive Equipment Assessment				
Adaptive Equipment Training				
Feeding Techniques				
Exercise Programs				
Postural Education				
Home Safety Evaluation				
Community Re-entry				
Group Treatment				

GERIATRIC	1	2	3	4
Orthopedic:				
Fractures				
Total Joint Replacements				
Osteoarthritis-Frozen Shoulder				
Hand Injuries				
Post Operative Care				
Amputations				
Neurologic:				
Stroke Rehabilitation				
Cognitive Disorders				
Head Trauma				
Spinal Cord Injury				
Neuromuscular Diseases				
Adaptive Equipment-Wheelchair				
Alzheimer's / Dementia				
Prosthetics / Orthotics:				
Upper Extremity Prosthetics				
Procedures / Treatments:				
Splinting - Wrist				
Splinting - Hand				
Resting Splints				
Functional - Dynamic Splinting				
Transfers				
Neurodevelopment Testing (NDT)				

Activities of Daily Living				
Gait Training				
Ultrasound				
TENS				
Hydrotherapy - Whirlpool				
Sterilization Techniques				
Massage				
Wound Management				
Ultrasound				
Cognitive Rehab				
Vision Therapy				
Feeding Techniques				
Home Safety Eval				
Adaptive Equipment Assessment				
Adaptive Equipment Training				
Community Re-entry				
Skilled Nursing Documentation:				
Medicare A				
Medicare B				
State Healthcare				

ADULT	1	2	3	4
Other				
Cardiac Rehab				
ICU Procedures				
CCU Procedures				
SICU Procedures				
Burn Management				
Work Hardening - Work Site Eval				
Functional Capacity Eval				
Transfers				
Gait Training				
Muscle Energy Techniques				
Activities of Daily Living				
PEDIATRIC Orthopedic	1	2	3	4
Fractures				
Birth Defects				
Developmental Diseases of Bone				
Neurologic				
Developmental Disability Sequencing Test				
Congenital Defects				
Neurodevelopmental Techniques				
Head Injury				
Spinal Cord Injury				
Sensory Integrative Deficits				
Neurodevelopmental Deficits				

Visual Perceptual Disorders				
Prosthetics / Orthotics				
Upper Extremity Prosthetics				
Lower Extremity Prosthetics				
Other				
ICU Procedures				
CCU Procedures				
SICU Procedures				
GERIATRIC	1	2	3	4
Other				
Cardiac Rehab				
ICU Procedures				
CCU Procedures				
SICU Procedures				
Burn Management				
Exercise Programs				
Geriatric Psychiatric				
Diabetes				
Cardiovascular Disease				
Pacemakers				
PEDIATRIC	1	2	3	4
Procedures / Treatment Techniques				
Vision Therapy				
Sensory Integration Techniques				
Splinting - Wrist				
Splinting - Hand				
Splinting - Lower Extremity				
Resting Splints				
Dynamic Splints				
Feeding				
Adaptive Equipment Assessment				
Adaptive Equipment Training				
Postural Balance Training				
Other				
Muscular Dystrophy				
Cerebral Palsy				
Cystic Fibrosis				
Burn Care				
Spina Bifida				
Isolation Precautions				
Neonatal Intensive Care Unit				
Trauma				



Age-Appropriate Care: Ability to adapt care to incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment - reflecting specific needs of the client and various age groups.

Preschooler (3 - 5 years)				
School Age (5 - 12 years)				

AGE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				

AGE	1	2	3	4
Adolescents (12 - 18 years)				
Young Adults (18 - 39 years)				
Middle Adults (39 - 64 years)				
Older Adults (64+ years)				

The information I have given is true and accurate to the best of my knowledge and I hereby authorize Staff One HealthCare to release this Skills Checklist to clients of

STAFF ONE HEALTHCARE.

Applicant _____
Signature Date

Applicant Name & Title (Please Print) _____